



# TEGR 688 Topics Course: Mental Health and Well-Being for Educators

## COURSE DESCRIPTION

This 2-credit course examines individual teacher roles and responsibilities when it comes to addressing student health needs in an education setting. In this course, learners expand their awareness of mental health concepts and the application of interventions to promote a healthy classroom and school. The well-being of teachers will also be addressed that considers contemporary challenges.

## COURSE SCHEDULE

- June 12 - August 7, 2024
- Wednesdays, 4 - 8:30 p.m.
- In person (Minneapolis campus) with asynchronous work

**50% OFF\***  
**SUMMER**  
**TUITION RATE**

## WHO SHOULD TAKE THIS COURSE

The Mental Health and Well-Being for Educators course is part of a graduate-level curriculum for teachers, school-based personnel, administrators, and youth workers. These new and innovative courses have been designed by educators, mental health experts, and youth workers and promote collaborative learning and honors both lived and professional experience.

Funding for the development of the Mental Health and Well-Being for Educators course is made possible by the generous support of the [Minnesota Institute for Trauma-Informed Education \(MITIE\)](#).

## QUESTIONS?



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The American Academy of Pediatrics, American Academy of Child and Adolescent Psychiatry (AACAP) and Children's Hospital Association have declared a national emergency in children's mental health, citing the serious toll of the COVID-19 pandemic on top of existing challenges.

## MORE INFORMATION & HOW TO REGISTER:

<https://link.stthomas.edu/mental-health-educators>